



Extra care for women for new life and midlife

Next Stage™ Women's Health

The Next Stage™ Women's Health program offers enhanced dental benefits and curated partner products and services to support women's overall well-being during pregnancy and menopause.

These pivotal life stages bring unique health challenges, including significant hormonal changes that impact oral health. Changes for pregnant women may include bleeding gums, gingivitis and oral growths ("pregnancy tumors"), while menopausal women may experience dry mouth, gum recession and tooth decay.

What you get with Next Stage™ Women's Health

When you opt in to the Next Stage™ Women's Health program, the following teeth and gum cleaning procedures are covered at 100% each group plan year.¹ These benefits are effective 24 hours after opting in to the program.²

Codes	Procedure	Next Stage™ Women's Health benefits
D0120	Oral exams	2 additional per year for up to 4 exams
D1110	Teeth cleaning (prophylaxis)	Any combination of up to 4 per year ³
D4910	Periodontal maintenance procedure	
D4346	Scaling in presence of moderate to severe gingival inflammation	
D0270, D0272, D0273, D0274, D0277	Additional X-rays (bitewings) ⁴	1 additional set per year
D1206, D1208	Topical application of fluoride – for adults	2 per year regardless of age

Curated partner products and services

Delta Dental has also partnered with other companies to offer discounted women’s health products and services to complement your benefits.

Midi Health	Embr Labs
Meet with a clinician trained specifically in menopause and other aspects of female midlife health. Midi is a virtual clinic that provides specialty care for women in perimenopause and menopause. Visit joinmidi.com/deltadental to get started.	Embr Labs offers Embr Wave, the first wearable temperature device that intelligently delivers cooling sensations for immediate relief during hot flashes and night sweats. Get yours at embrlabs.com/deltadental .



For more information and to enroll, visit deltadentalins.com/members/womenshealth.



¹ Next Stage™ Women’s Health benefits are subject to any applicable maximums and deductibles under the terms and conditions outlined in your Evidence of Coverage. Please review your plan booklet for specific details about your coverage.

² This program is only for employer-sponsored group PPO plans. Your employer must have opted in to the program for you to be eligible. To join, you must have a qualifying health condition.

³ Please consult with your dentist about the exact procedure combinations required for your treatment.

⁴ Please consult with your dentist about the exact type and number of X-rays required.

Delta Dental PPO is underwritten by Delta Dental Insurance Company in AL, DC, FL, GA, LA, MS, MT, NV and UT and by not-for-profit dental service companies in these states: CA – Delta Dental of California; PA, MD – Delta Dental of Pennsylvania; NY – Delta Dental of New York, Inc.; DE – Delta Dental of Delaware, Inc.; WV – Delta Dental of West Virginia, Inc. In TX, Delta Dental Insurance Company provides a dental provider organization (DPO) plan.