# Your summary of benefits



Anthem® Blue Cross Life and Health Insurance Company

Your Plan: SISC (Self Insured Schools of California): 90-C \$20 Anthem Classic PPO

Your Network: Prudent Buyer PPO

| Visits with Virtual Care-Only Providers                   | Cost through our mobile app and website        |  |
|---|--|--|
| Primary Care, and medical services for urgent/acute care  | No charge                                      |  |
| Mental Health & Substance Use Disorder Services No charge |  |  |
| Specialist care   | \$20 copay per visit deductible does not apply |  |

| Covered Medical Benefits    | Cost if you use an In-<br>Network Provider | Cost if you use an<br>Out-of-Network<br>Provider |
|-----------------------------|--|--|
| Overall Deductible          | \$200 person /<br>\$500 family             | \$200 person /<br>\$500 family                   |
| Overall Out-of-Pocket Limit | \$1,000 person /<br>\$3,000 family         | No limit person /<br>No limit family             |

The family deductible and out-of-pocket limit are embedded, meaning the cost shares of one family member will be applied to the per person deductible and per person out-of-pocket limit; in addition, amounts for all covered family members apply to both the family deductible and family out-of-pocket limit. No one member will pay more than the per person deductible or per person out-of-pocket limit.

All medical deductibles, copayments and coinsurance apply to the out-of-pocket limit.

In-Network and Out-of-Network deductibles are combined and accumulate towards each other.

In-Network and Out-of-Network out-of-pocket limit amounts are separate and do not accumulate toward each other.

\*For services received from an out-of-network provider, the member may be held responsible for any costs beyond the permitted amount and the overall charges.

**Doctor Visits (virtual and office)** You are encouraged to select a Primary Care Physician (PCP).

| Primary Care (PCP) virtual and office The copay is waived for the first three office visits to a primary care provider per benefit period | \$0 copay per visit for visits 1-3 \$20 copay per visit for visits 4+ | All billed amounts exceeding the maximum allowed amount* |
|---|---|--|
| Mental Health and Substance Use Disorder Services virtual and office  | \$20 copay per visit deductible does not apply                        | All billed amounts exceeding the maximum allowed amount* |

| Covered Medical Benefits   | Cost if you use an In-<br>Network Provider     | Cost if you use an<br>Out-of-Network<br>Provider         |  |
|--|--|--|--|
| Specialist Care virtual and office   | \$20 copay per visit deductible does not apply | All billed amounts exceeding the maximum allowed amount* |  |
| Other Practitioner Visits  |  |  |  |
| Maternity Doctor services (prenatal/postnatal care and delivery)   | 10% coinsurance after deductible is met        | All billed amounts exceeding the maximum allowed amount* |  |
| Retail Health Clinic for routine care and treatment of common illnesses; usually found in major pharmacies or retail stores.                                     | \$20 copay per visit deductible does not apply | All billed amounts exceeding the maximum allowed amount* |  |
| Manipulation Therapy Pre-authorization review by American Specialty Health (ASH) is required after the 5th visit of physical, occupational or chiropractic care. | 10% coinsurance after deductible is met        | Not covered  |  |
| Acupuncture Coverage is limited to 12 visits per benefit period.   | 10% coinsurance after deductible is met        | 50% of maximum allowed amount*                           |  |
| Other Services in an Office  |  |  |  |
| Allergy Testing  | 10% coinsurance after deductible is met        | Not covered  |  |
| Prescription Drugs Dispensed in the office   | 10% coinsurance after deductible is met        | All billed amounts exceeding the maximum allowed amount* |  |
| Surgery  | 10% coinsurance after deductible is met        | All billed amounts exceeding the maximum allowed amount* |  |
| Preventive care / screenings / immunizations   | No charge                                      | Not covered  |  |
| Preventive Care for Chronic Conditions per IRS guidelines  | No charge                                      | Not covered  |  |

| Covered Medical Benefits   | Cost if you use an In-<br>Network Provider     | Cost if you use an<br>Out-of-Network<br>Provider  |  |
|--|--|---|--|
| Diagnostic Services  |  |   |  |
| Lab  |  |   |  |
| Office   | 10% coinsurance after deductible is met        | Not covered   |  |
| Freestanding Lab   | 10% coinsurance after deductible is met        | Not covered   |  |
| Outpatient Hospital  | 10% coinsurance after deductible is met        | Not covered   |  |
| X-Ray  |  |   |  |
| Office   | 10% coinsurance after deductible is met        | Not covered   |  |
| Freestanding Radiology Center  | 10% coinsurance after deductible is met        | Not covered   |  |
| Outpatient Hospital  | 10% coinsurance after deductible is met        | Not covered   |  |
| Advanced Diagnostic Imaging for example: MRI, PET and CAT scans  |  |   |  |
| Office Coverage for an Out-of-Network Provider is limited to \$800 maximum per test                        | 10% coinsurance after deductible is met        | All billed amounts exceeding the lesser of the benefit maximum or maximum allowed amount* |  |
| Freestanding Radiology Center Coverage for an Out-of-Network Provider is limited to \$800 maximum per test | 10% coinsurance after deductible is met        | All billed amounts exceeding the lesser of the benefit maximum or maximum allowed amount* |  |
| Outpatient Hospital Coverage for an Out-of-Network Provider is limited to \$800 maximum per test           | 10% coinsurance after deductible is met        | All billed amounts exceeding the lesser of the benefit maximum or maximum allowed amount* |  |
| Emergency and Urgent Care  |  |   |  |
| Urgent Care includes doctor services.  Additional charges may apply depending on the care provided.        | \$20 copay per visit deductible does not apply | All billed amounts exceeding the maximum allowed amount*                                  |  |

| Covered Medical Benefits  | Cost if you use an In-<br>Network Provider                              | Cost if you use an<br>Out-of-Network<br>Provider  |  |
|---|---|---|--|
| Emergency Room Facility Services Your copay will be waived if admitted.   | \$100 copay per visit<br>and 10% coinsurance<br>after deductible is met | Covered as In-Network   |  |
| Emergency Room Doctor and Other Services  | 10% coinsurance after deductible is met                                 | Covered as In-Network   |  |
| Ambulance Authorized Out-of-Network non-emergency ambulance services are limited to an Anthem maximum payment of \$50,000 per trip.   | \$100 copay per trip and<br>10% coinsurance after<br>deductible is met  | Covered as In-Network   |  |
| Outpatient Mental Health and Substance Use Disorder Services at a Facility  |   |   |  |
| Facility Fees   | 10% coinsurance after deductible is met                                 | All billed amounts exceeding the maximum allowed amount*                                  |  |
| Doctor Services   | 10% coinsurance after deductible is met                                 | All billed amounts exceeding the maximum allowed amount*                                  |  |
| Outpatient Surgery  |   |   |  |
| Facility Fees   |   |   |  |
| Hospital Services and supplies for the following outpatient surgeries are subject to a benefit limit if performed in an outpatient hospital setting. The benefit limit does not apply if performed in a Freestanding Ambulatory Surgical Center.  O Arthroscopy limited to \$4,500 per procedure O Cataract surgery limited to \$2,000 per procedure O Colonoscopy limited to \$1,500 per procedure O Upper GI Endoscopy limited to \$1,000 per procedure O Upper GI Endoscopy with biopsy limited to \$1,250 per procedure | 10% coinsurance after deductible is met                                 | All billed amounts exceeding the maximum allowed amount*                                  |  |
| Ambulatory Surgical Center Coverage for an Out-of-Network Provider is limited to \$350 maximum per day.   | 10% coinsurance after deductible is met                                 | All billed amounts exceeding the lesser of the benefit maximum or maximum allowed amount* |  |

| Covered Medical Benefits  | Cost if you use an In-<br>Network Provider | Cost if you use an<br>Out-of-Network<br>Provider  |  |
|---|--|---|--|
| Physician and other services including surgeon fees Hospital  | 10% coinsurance after deductible is met    | All billed amounts exceeding the maximum allowed amount*                                  |  |
| Hospital (Including Maternity, Mental Health and Substance Use Disorder Services) Anthem's maximum payment is up to \$600 per day for non-emergency Inpatient admissions to Out-of-Network Providers. |  |   |  |
| Facility Fees   | 10% coinsurance after deductible is met    | All billed amounts exceeding the lesser of the benefit maximum or maximum allowed amount* |  |
| Hip/Knee/Spine Surgeries For inpatient services, this benefit is covered only when performed at a designated Blue Distinction Plus Center for Specialty Care. Subject to utilization review.          | 10% coinsurance after deductible is met    | Not covered   |  |
| Physician and other services including surgeon fees   | 10% coinsurance after deductible is met    | All billed amounts exceeding the maximum allowed amount*                                  |  |
| Home Health Care Coverage is limited to 100 visits per benefit period. Coverage for an Out- of-Network Provider is limited to \$150 maximum per day.  | 10% coinsurance after deductible is met    | All billed amounts exceeding the lesser of the benefit maximum or maximum allowed amount* |  |
| Rehabilitation and Habilitation services  Office  Pre-authorization review by American Specialty Health (ASH) is required after the 5th visit of physical, occupational or chiropractic care.         | 10% coinsurance after deductible is met    | Not covered   |  |
| Outpatient Hospital   | 10% coinsurance after deductible is met    | Not covered   |  |
| Pulmonary rehabilitation office and outpatient hospital   | 10% coinsurance after deductible is met    | All billed amounts exceeding the maximum allowed amount*                                  |  |

| Covered Medical Benefits   | Cost if you use an In-<br>Network Provider | Cost if you use an<br>Out-of-Network<br>Provider  |  |
|--|--|---|--|
| Cardiac rehabilitation office and outpatient hospital  | 10% coinsurance after deductible is met    | Not covered   |  |
| Dialysis/Hemodialysis office and outpatient hospital<br>Coverage for an Out-of-Network Provider is limited to \$350 maximum per<br>visit.  | 10% coinsurance after deductible is met    | All billed amounts<br>exceeding the lesser of<br>the benefit maximum or<br>maximum allowed<br>amount* |  |
| Chemo/Radiation Therapy office and outpatient hospital   | 10% coinsurance after deductible is met    | All billed amounts exceeding the maximum allowed amount*  |  |
| Skilled Nursing Care (facility)  Coverage for Inpatient rehabilitation and skilled nursing services is limited to 150 days combined per benefit period. Coverage for an Out-of-Network Provider is limited to \$600 maximum per day. | 10% coinsurance after deductible is met    | All billed amounts exceeding the lesser of the benefit maximum or maximum allowed amount*             |  |
| Inpatient Hospice  | No charge                                  | All billed amounts exceeding the maximum allowed amount*  |  |
| Durable Medical Equipment  | 10% coinsurance after deductible is met    | Not covered   |  |
| Prosthetic Devices   | 10% coinsurance after deductible is met    | Not covered   |  |
| Hearing Aids Coverage is limited to \$700 maximum every 24 months.   | 10% coinsurance after deductible is met    | All billed amounts exceeding the lesser of the benefit maximum or maximum allowed amount*             |  |

## Notes:

- If you have an office visit with your Primary Care Physician, Specialist or Urgent Care at an Outpatient Facility (e.g., Hospital or Ambulatory Surgical Facility), benefits for Covered Services will be paid under "Outpatient Facility Services".
- Costs may vary by the site of services. Other cost shares may apply depending on the services provided. Check your Certificate of Coverage for details.
- The limits for physical, occupational, and speech therapy, if any apply to this plan, will not apply if you get care as part of the Mental Health and Substance Use Disorder benefit.

- Outpatient facility tests and treatments done at Ambulatory Surgical Centers or Hemodialysis Centers are limited to a maximum reimbursement of \$350.00 per admission.
- Advanced Diagnostic Imaging is limited to \$800 per service for Out-of-Network Providers.
- Coverage includes standard fertility preservation services as a basic healthcare service including but are not limited to, injections, cryopreservation and storage for both male and female members when a medically necessary treatment may cause iatrogenic infertility. Members' cost share for fertility preservation services is based on provider type and service rendered.
- The office visit copay is waived for the first three office visits to a Primary Care Physician per benefit period. The copay waiver applies to the actual office visit and additional cost shares may apply for any other service performed in the office (i.e., X-ray, lab, surgery), after any applicable deductible. Primary Care Physician is defined as General and Family Practitioner, Internist, Gynecologist, Obstetrics/Gynecology, Pediatrician and Nurse Practitioner. The office visit copay will apply to all other provider specialties.

This summary of benefits is a brief outline of coverage, designed to help you with the selection process. This summary does not reflect each and every benefit, exclusion and limitation which may apply to the coverage. For more details, important limitations and exclusions, please review the formal Evidence of Coverage (EOC). If there is a difference between this summary and the Evidence of Coverage (EOC), the Evidence of Coverage (EOC), will prevail.

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Questions: (800) 825-5541 or visit us at www.anthea

## It's important we treat you fairly

We follow state and federal civil rights laws in our health programs and activities. Members can get reasonable modifications as well as free auxiliary aids and services if you have a disability. We don't discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age or disability. For people whose primary language isn't English (or have limited proficiency), we offer free language assistance services, in a timely manner, like interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711) or visit our website. If you think we failed in any areas or to learn more about grievance procedures, you can mail a complaint to: Compliance Coordinator, P.O. Box 27401, Richmond, VA 23279, or if you think you were discriminated against based on race, color, national origin, age, disability, or sex, you can mail a complaint directly to the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201. You can also call 1-800- 368-1019 (TDD: 1-800-537-7697) or visit





# **Pharmacy Benefit Schedule**

# **PLAN RX 5-20**

|               | WALK-IN |      |        |      | MAIL   |         |
|---------------|---------|------|--------|------|--------|---------|
|               | Netv    | vork | Costco |      | Costco | Navitus |
| Days' Supply* | 30      | 90   | 30     | 90   | 90     | 30      |
| Generic       | \$5     | N/A  | FREE   | FREE | FREE   | N/A     |
| Brand         | \$20    | N/A  | \$20   | \$50 | \$50   | N/A     |
| Specialty     | N/A     | N/A  | N/A    | N/A  | N/A    | \$20    |

Out-of-Pocket Maximum

\$1,500 Individual / \$2,500 Family

SISC urges members to use generic drugs when available. If you or your physician requests the brand name when a generic equivalent is available, you will pay the generic copay plus the difference in cost between the brand and generic. The difference in cost between the brand and generic will not count toward the Annual Out-of-Pocket Maximum.

\*Members may receive up to a 30-day and/or up to a 90-day supply of medication at participating pharmacies. Some narcotic pain and cough medications are not included in the Costco Free Generic or 90-day supply programs. Navitus contracts with most independent and chain pharmacies; however, Walgreens is **NOT** a participating pharmacy in this network.

### **Mail Order Service**

The Mail Order Service allows you to receive a 90-day supply of maintenance medications. This program is part of your pharmacy benefit and is **VOLUNTARY**.

#### Specialty Pharmacy

Navitus SpecialtyRx helps members who are taking medications for certain chronic illnesses or complex diseases by providing services that offer convenience and support. This program is part of your pharmacy benefit and is **MANDATORY**.

For information regarding the Prescription Drug Program call or visit on-line: Navitus Customer Care 1-866-333-2757 (toll-free) TTY (toll free) 711 www.navitus.com

The Navitus Member Portal allows you to access personalized pharmacy benefit information online at http://wavivus.avittp:ffor information specific to your plan, visit the Navitus Member Portal. Activate your account online using the Member Login link and an activation email will be sent to you. The site provides access to prescription benefits, pharmacy locator, drug search, drug interaction information, medication history, and mail order information. The site is available 24 hours a day, seven days a week.

RX 5-20 Rev. 01/2025