

# Even **more** benefits to help you get and stay healthy

Take full advantage of all SISC has to offer



Get Started

Program Details

Who Is Eligible

### Teladoc Medical Experts

Call 855-380-7828

OR

Go to [teladoc.com/SISC](https://teladoc.com/SISC)

### Expert Medical Opinions

#### *Teladoc Medical Experts*

Get answers to your health care questions and medical opinions from world-leading experts.

All SISC members

**No Cost**

### SISC EAP

Call 800-999-7222

OR

Go to [anthemEAP.com](https://anthemEAP.com) and enter SISC

### 24/7 Help with Personal Concerns

#### *SISC Employee Assistance Program*

Access free, confidential resources if you or a family member needs help with emotional, marital, financial, addiction, legal, or stress issues.

All employees and dependents at member districts

**No Cost**

### MDLive Register

by calling  
888-632-2738

OR

Go to [mdlive.com/sisc](https://mdlive.com/sisc)

### 24/7 Physician Access—Anytime, Anywhere

#### *MDLive*

Consult with doctors and pediatricians over the phone or using online video for medical conditions such as cold, fever, sore throat, flu, infection, and children's health issues. Physicians can prescribe medication when appropriate. Online behavioral health visits are also available.

Anthem and Blue Shield PPO members

**Low Cost**

### Costco Mail Order

To find a Costco location,  
Call 800-774-2678 (press 1)

OR

Go to [costco.com](https://costco.com)

### Free Generic Medications

#### *Participating retail pharmacies*

On most pharmacy plans, our members can get free generic medications at participating retail pharmacies and through Costco Mail Order (excludes certain pain and cough medications). Just take your prescription to a participating pharmacy; if you choose Costco, you don't need to be a member to take advantage of the program.

Anthem and Blue Shield PPO members (participating plans)

**No Cost**