Kaiser Permanente requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in Kaiser’s network and who is available to accept you or your family members.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from Kaiser in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals.

For information on how to selecting a provider, please contact Ron Owen, Benefits Analyst at (805) 652-5533.