VENTURA COUNTY COMMUNITY COLLEGE DISTRICT

CLASS TITLE: ASSISTANT COLLEGE TRAINER

BASIC FUNCTION:

Under the direction of the Dean of Physical Education and Athletics and the daily work direction of the College Trainer, assist in the evaluation, treatment, and administration of first aid and preventive and rehabilitative treatment for acute and chronic medical conditions for athletes involved in various inter-collegiate sports; maintain and operate the campus training room facility.

REPRESENTATIVE DUTIES:

Assist in the evaluation, determination, treatment and administration of emergency first aid, acute care and referral to injured athletes, students and staff according to established procedures. E

Administer rehabilitative treatment as prescribed by a physician to athletes, students and staff; operate a variety of therapeutic equipment such as whirlpool, ultrasound, therapeutic exercise and other modalities. E

Provide liaison assistance between athletes, parents, coaches, physicians, therapists and others related to the physical conditioning, training, insurance and medical coverage, OSHA guidelines and other issues related to sports medicine. E

Assist in the development and conduction of athletic programs on the care and prevention of athletic and school-related injuries; recommend protective equipment for injury protection and safety. E

Attend athletic events and administer emergency first aid treatment; tape ankles, knees, wrists, elbows, shoulders, ribs and other areas of athletes before, during and after practice or games. E

Establish and maintain accurate records and reports including emergency and daily treatment reports, detailed records concerning injuries, treatment and recommendations. E

Maintain and operate the campus training room facility; clean and maintain equipment; inventory and order equipment and supplies. E

Conduct strength, flexibility, endurance and other tests for athletes, students and staff; arrange for and assist with physical examinations; prepare and maintain related records and reports. E

Evaluate, select, design and fit braces, safety pads, cervical collars and other protective and therapeutic devices; perform safety-checks of protective equipment. E

Assist athletes, students and staff regarding injury care, prevention and treatment programs; speak to high school and college students and other groups regarding prevention and treatment of athletic and recreational injuries and nutrition. E

Revised January 2007
Established May 2000
Monitor safety factors on playing areas and make recommendations regarding safety of athletes according to established guidelines.

Perform related duties as assigned.

KNOWLEDGE AND ABILITIES:

KNOWLEDGE OF:

- Principles of physiology, kinesiology, anatomy and first aid
- Symptoms and treatment for athletic injuries
- Procedures, techniques and methods related to the treatment of emergency first aid, acute and chronic medical conditions
- Principles of providing training, work direction, education and counseling
- Modern techniques of preventive and rehabilitative treatment used in athletics
- Therapeutic exercise, rehabilitation and proper use of therapeutic modalities
- Equipment, materials and supplies used in team and individual sports
- Maintenance, cleaning and repairing techniques for a variety of sports equipment
- Taping, bandaging, splint/cast construction and physical therapy techniques
- Physical fitness, hygiene and safety procedures related to athletic program
- Record-keeping techniques
- Interpersonal skills using tact, patience and courtesy
- Oral and written communications skills in dealing with students, athletes, physicians and physical therapists
- Technical aspects of field of specialty

ABILITY TO:

- Evaluate and treat a variety of athletic and school-related injuries
- Administer advanced and emergency first aid and physical therapy
- Tape athletes and apply protective devices and pads
- Maintain comprehensive records of rehabilitation and injury management
- Provide work direction to others
- Analyze situations accurately and adopt an effective course of action
- Travel to athletic events as required
- Understand various modalities used in physical therapy and injury rehabilitation
- Work with moderate direction
- Meet schedules and time lines
- Plan and organize work
- Communicate effectively both orally and in writing to students, staff, athletes and physicians

EDUCATION AND EXPERIENCE:

Any combination equivalent to: bachelor's degree from an accredited college or university in athletic training, sports medicine, or closely related field, and a minimum of six months of experience in athletic training. Athletic training experience received in conjunction with an accredited degree program may meet the experience requirements.
ASSISTANT COLLEGE TRAINER (continued)

LICENSES AND OTHER REQUIREMENTS:

Valid California driver's license
Valid First Aid and CPR Certificate issued by an authorized agency required at the time of hire
ATC (certified athletic trainer) certification by the NATA BOC (National Athletic Trainers Association Board of Certification) is preferred

WORKING CONDITIONS:

ENVIRONMENT:

College athletic training rooms and event sites (indoor and outdoor environments)
Driving a vehicle to athletic games to work

PHYSICAL ABILITIES:

Bending at the waist to tape and lift athletes
Pulling and pushing heavy objects
Standing and walking for extended periods of time
Hearing and speaking to communicate with others and make presentations
Seeing to monitor safety factors and to observe student's physical condition
Dexterity of hands and fingers to administer assistance and operate therapeutic equipment

HAZARDS:

Exposure to contact with bloodborne pathogens and body fluid
Exposure to individuals with excessive body odor