Release Time

The Get MOoVin’ 5k run/walk is a component of the VCCCD District Wellness Program. In accordance with Article 11.21 Study Leave, Human Resources has approved granting release time for physical training to District employees participating in the Get MOoVin’ event scheduled for Saturday, October 11, 2014. Training will be conducted beginning the week of September 15, 2014 – through October 10, 2014. The following are the conditions of this release program:

- A maximum of 1-hour per week of release time from the employee’s work assignment may be used for a structured/managed training program and subject to the employee’s Manager’s approval.
- A maximum of 4-hours of release time may be used over the 4-week training period designated above.
- A structured/managed program consists of a set date and time each week and coordinated by a College Trainer, trained fitness professional or other designated and trained individual. This individual(s) must be identified and communicated to the Benefits Office, along with the training schedule and campus location of the training. Colleges may offer up to to 2 training sessions per day.
- Release time does not consist of personal training time, training time at an outside gymnasium or location or with an outside personal trainer.